Confident

Community

Caring

Connected

DATE: 17th February2023

Newsletter Week 3 Term 1

From the Principal



Speech pathology

It is great having Ciara-Lucy (speech pathologist) with us this week and next. She has already spent an hour in each of nine classes, and we had a staff meeting with input from her. It is great having someone of her calibre spending time with us at Acacia, and providing input into each student's communication goal for their EAP. Ciara-Lucy hopes to be able to link up with NDIS speech pathologists so everyone is on the same page for each student.

Along with Ciara-Lucy's visit, we are starting a weekly focus on particular Key Word Signs (KWS) and Visuals, led by Heather. For this week our focuses are 'More' and 'Finished'.







Staff

Thankfully we are fully staffed for the commencement of 2023 and every class has a teacher and a SESO. We welcome Jashan Virk back. Jashan is working with Victor's class.

Action Plan for School Improvement (ASIP) 2023

This year our two goals are

- One year's growth for one year's schooling: 'Every student has a pencil' (that is, a way of communicating)
- Increase overall attendance for 2023 from 74% to 78% and un-notified absences from 9% to 3%.

EAP Meetings

EAP (Educational Adjustment Plan) meetings for 2023 have commenced. This is a very important meeting for each young person where we set their goals for the year. As mentioned above, Ciara-Lucy will have input into your child's communication goal.

We would appreciate it if parents and carers could invite to the EAP meeting any NDIS therapists, the NDIS CoS or any other allied health therapists working with your child. This enables us to all be on the same page, which will be in the best interests of each young person. The school is not allowed to invite NDIS personnel to the meeting, only parents or carers / legal guardians may do this.

If your child is away

If your child is away from school, can you please notify the front office on 8955 2222 by 9:30am. Soon we will be commencing a system whereby we text parents or carers if we haven't heard by 9:30am why their child is absent.

DATES COMING UP

- Weeks 3-4 Term 1 Ciara-Lucy Forrest at Acacia
- 10:00am Friday 17/03/2023 School Council AGM
- 9:30am Friday 24/03/2023 Harmony Day Special Assembly
- Thursday 6/04/2023 End of Term 1
- Friday 7/04/2023 Good Friday
- Term 2 Monday 17/04/2023 Friday 23/06/2023
- Term 3 Monday 17/07/2023 Friday 22/09/2023

Website: https://www.acaciahill.nt.edu.au/

Facebook Page: https://www.facebook.com/Acacia-Hill-School-101999724805228/



Cooking

Cooking is a great way to teach literacy, numeracy and many other skills at school. This year, classes will be doing cooking once most weeks. Families will be asked to contribute \$5 per week to cover costs, and also for teaching budgeting, costs and so on. Please bring your payments to the front office ASAP.



Uniforms

Our new uniforms have arrived! Shirts are \$35 each, Baseball Caps are \$15 each and Bucket Hats are \$15.

Purchasing via cash or EFT.



NT Government Back to School Voucher

The \$150 Back to School voucher will expire at the end of Term 1: The \$150 can be used by parents and carers to pay for uniforms and school swimming and excursions.

Medication at school

Just a reminder that medication must be brought into the school under the following conditions:

- ♦ Accompanied by 2 forms (both of which are available from Reception)
- Medication instructions from Prescribing Doctor
- Medication Request by Parent/Carer for Student with Notified Medical Condition
- In the chemist packaging that has the administration instructions

Parking

We ask that parents not park in the bus bay for pick up, drop off or parking. With the busyness of the morning and afternoon rush, please park in the designated parent parking area as the buses and in case of an emergency, they need to be able to access this area at all times.

Book Club due 20/02/2023

When ordering Issue 1 on LOOP you will have the opportunity to select up to 3 FREE BOOKS. To qualify all you have to do is spend over \$30 and you can select 1 FREE book, or spend over \$50 and you can select 2 FREE books or over \$70 and you can select 3 FREE titles from a special online list. The list will display after you create your order and head to the checkout. See www.scholastic.com.au/LOOP for more information.



Support for Families contact details

Autism Advisory Line: 24/7; Run by families of children with autism; 1300 22 777

Autism NT: 8948 4424

FACES: 8:00AM-8:00PM Monday to Friday; parenting support, budgeting support; Referral for services; 1800 999 900

Parentline: Access to counsellors Monday to Friday 8:00am-10:00pm; 1300 301 300

Relationships Australia sometimes sees children if they have the capacity to cater for the individual. There is a phone intake process in which they determine if they have the capacity.

Family must pay for the service. The fee varies according to family income and can be quite low if income is very low. Contact number is 8950 4100.

What's happening around the school



On Fridays Room 9 have their swimming lesson with me. Last Friday room 9 had a great lesson. We were focusing on kicking and doggy paddle which everyone did really well. Alex did great at grabbing sink toys, Zac did fantastic gliding and Kenji was really good at kicking and counting. Next week, we will be focusing on stop and go kicking and gliding.

If there is anything else you think I should add please let me know.

Kind regards, Jordie.

Room 9





Room 18

Marley and his brother Aisha participating in the smoking ceremony at CSC.

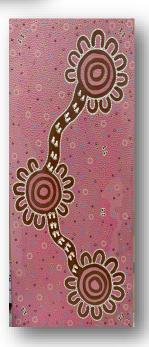
Thanks

Meshack



A big Thank you to one of our parents who painted and donated this special painting to our school.

It depicts the gathering place of Acacia School with footprints of students coming and going to our satellite's room and other places.



Water, the best drink for children



Water is important for our bodies.

Over 80% of our body is water, it is essential for almost every bodily function.

Water is needed to:

- lubricate our joints
- help us absorb nutrients and digest food
- regulate our body temperature
- protect our kidneys and get rid of waste.

Find out more about why water is best:

tinyurl.com/ywmby6vu









KINDNESS IN MOTION

Rest, Reflect, Rejuvenate

Saturday 25/02/23

9am-3pm At Campfire in the Heart

Ragonesi Rd

\$150

Yoga

Massage

Mums Retreat

Painting

Labrinth



Try these tips from Accredited Practicing Dietitians working with the NT Government.

Use the 5 Food Groups

Try adding one thing from each food group to each lunch box. That means 1 fruit, 1 vegetable, 1 dairy, 1 carb (like bread or rice) and 1 protein- in every lunch box

Make Ahead

If packing lunch boxes in the morning works for you that is great! Some families find it is easier to make lunch boxes the night before o even in a batch on the weekend. Find a time that works for you.

Pack Water

Water is the best drink for children. If your child likes very cold water you could try freezing a bottle the night before





DIVERSITY is our game



FREE WEBINAR



During part one of this two-part interoception webinar series, you will develop an understanding of what interoception is and explore how interoception relates to autism and other diverse individuals.

Part two of the series will review what interoception is and explore practical strategies to help individuals improve interoception through interoception activities in the home and

All of our webinars are free and participants that attend receive a certificate following the completion of the webinar.



INTEROCEPTION - PART 2

Monday 3rd April 2023 7:30 PM – 8:30 PM AEDT OR Thursday 13th April 2023 12:30 PM – 1:30 PM AEDT



is our game

