

Acacia in Action



Confident

Community

Caring

Connected

DATE: 8th March 2024

Newsletter Week 6 Term 1 2024

Dear Carers and Parents,

I have been very impressed observing our four School Values in action around the school: a caring, confident and connected community. Students have increasingly shown their care for each other in their behaviour at playtime and in class; we have observed growing confidence and teamwork during BluEarth sessions with Ms Katie; and the school community has connected with our Deadly Heart Trek visitors this week. See photos later in this newsletter. Our fortnightly assemblies award students displaying our values so please celebrate these with your child if they bring a certificate home.

Thank you for your time in considering student goals with teachers during the past fortnight in EAP meetings. The sessions I have attended have been positive and well-considered, focused conversations to enable your children to be the very best they can at our school. There has been genuine energy in the room to set challenging yet achievable goals for students.

We are very fortunate to host Arrernte teacher, Tanisha Davis, from the Alice Springs Language School this year. Tanisha has been working closely with students in Art classes with Kelly Adams, and the students are responding exceptionally well. Please check out photos of the great work they have been doing in Art this term in the following pages of this newsletter.

Last week we held your School Council's Annual General Meeting (AGM). I thank Lizzie for her tireless work as Chair for the past two years. It has been a busy and productive time and I have certainly appreciated her support during my time here so far. I'm pleased to inform you of the following appointments to the Acacia Hill School Council committee: Chair - Julia Anderson (parent); Treasurer - Luiz Gubeissi (Territory Families); Secretary - Lizzie Satour (parent). We sincerely appreciate your time to improve the quality of our programs here at Acacia Hill School.

Finally, I acknowledge the extraordinary achievement of one of our Acacia Hill School SESOs and disability advocate Jordon Humphries. Jordon has been nominated for the 2024 NT Young Australian of the Year Award for his youth advocacy work in our community. Acacia Hill is immensely proud to have Jordon on our team of dedicated staff.

Kind regards,



NDIS Therapists

Please be reminded that NDIS providers must hold a current certificate of NDIS registration to apply for a NDIS service in NT Government schools.



DATES COMING UP

- Thursday 21 March—Harmony Day
- Friday 5 April—End of Term
- Friday 29 March to Monday 1 April—Easter Public Holiday
- Monday 13 May—Inclusion Sports Day

Website: <https://www.acaciahill.nt.edu.au/>

Facebook Page: <https://www.facebook.com/Acacia-Hill-School-101999724805228/>

Health and Wellbeing

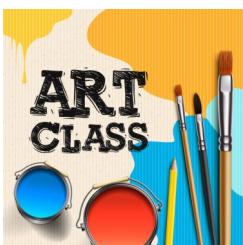
Please remember to keep your child at home if they are unwell. The table below contains information about periods of exclusion from school for some common medical conditions. I appreciate your assistance in ensuring everyone can stay healthy at school.

Condition	Minimum period of exclusion from school
Conjunctivitis	Exclude until discharge from eyes has ceased or doctor says its okay to resume school.
Scabies, Ringworm	Exclude until the day after appropriate treatment has commenced.
Diarrhoea (no organism identified)	Exclude until there has not been vomiting or a loose bowel motion for 24 hours.
Viral Gastroenteritis	Exclude until there has not been vomiting or a loose bowel motion for 24 hours.
Influenza like conditions	Exclude until well.
School Sores/Impetigo	Exclude until appropriate treatment has commenced. Sores on exposed surfaces must be covered with a watertight dressing.
COVID	Exclude if there are any symptoms, even if mild.

Wounds and sores on exposed parts of the body must be covered with a watertight dressing before coming to school to prevent infection.

What's happening around the school!

Art Class



Students have been very busy in the art room these past few weeks and we have been learning about, and creating abstract self-portraits, and three-dimensional portrait sculptures using salt dough.

This has been a great opportunity for students to develop artworks using different materials, techniques, and processes to express their ideas, observations, and imagination.

Our language teacher, Miss Tanisha has joined us in the art room to teach students facial features in Central Arrernte including Alknge (eyes), Alhe (nose), Arrakerte (mouth), Ilpa (ears) and Irlpe (face).

So much learning happening in the art room!



BluEarth

Katie from BluEarth visits us every Wednesday. Through engaging activities like "Crocodiles and Barramundi," our students experience the joy of play while embracing a mindset of innovation and creativity. Blue Earth encourages us to reimagine physical activities beyond conventional sports, fostering a culture of positive participation. When students attend, they learn skills, for motivation, and positive behaviour. BluEarth instils lifelong habits of active living in our students, ensuring they thrive not just physically, but also mentally and emotionally.



Deadly Heart Trek

Acacia Hill School was honoured to host the Deadly Heart Trek team, raising awareness about rheumatic heart disease. Students were captivated to see their own live heart on the screens, giving them a better understanding of heart health. The visit left a lasting impact, with all participants receiving a thoughtful gift of socks. We are grateful for this educational opportunity and extend our heartfelt thanks to the Deadly Heart Trek team for their visit. Together, we strive to promote health awareness and empower our students to make good choices for a healthier future.



Danny Youngut

In a proud moment for Acacia Hill, our student Danny Youngut has been awarded the Australia Day Student Citizen Award for 2024. His outstanding leadership qualities have set him apart. Danny's contribution to sit as a student member on our school council reflect his commitment to making a positive difference at Acacia Hill School. As a role model for his peers, he serves as an inspiration to all, fostering a stronger, more united school.



Shayla Presley



Room 6

We are a busy team! We do our best to follow class routine. We are learning to stay focused on tasks in the morning with table activities and literacy. We are also learning to write our first and last names. We also like picking books that we like to read with an adult. We are learning to identify numbers by listening to the teacher calling out and then we put the correct number on the chart. In our classroom, we also remember to have fun by listening to stories, singing songs, signing and sharing with our friends.



Support for Families and contact details

Autism Advisory Line: 24/7; Run by families of children with autism; 1300 22 777

Autism NT: 8948 4424; NT Mental Health Line: 1800 682 288; E-headspace: 1800 650 890; Kidshelpline: 1800 55 1800

FACES: 8:00AM-8:00PM Monday to Friday; parenting support, budgeting support; Referral for services; 1800 999 900

Parentline: Access to counsellors Monday to Friday 8:00am-10:00pm; 1300 301 300

13 YARN counselling (First Nations): 13 92 76

Relationships Australia sometimes sees children if they have the capacity to cater for the individual. There is a phone intake process in which they determine if they have the capacity. Family must pay for the service. The fee varies according to family income. Contact number is 8950 4100.

Dolly's Dream Support Line is now available to families and students 24/7, providing them with access to qualified counsellors for free and without a referral. To access this service, call or text 0488 881 033 or use this webchat.

IDEAS IN NUTRITION

Water, the best drink for children

Water is important for our bodies.

Over 80% of our body is water, it is essential for almost every bodily function.

Water is needed to:

- ✓ lubricate our joints
- ✓ help us absorb nutrients and digest food
- ✓ regulate our body temperature
- ✓ protect our kidneys and get rid of waste.

Find out more about why water is best:
tinyurl.com/ywmb6yu

NT HEALTH



IDEAS IN NUTRITION

Swap Soft drinks for water

Sugary drinks like soft drink can be a big source of sugar in our diets.

Drinking soft drink can:

- increase teeth cavities and other health problems
- take the place of the healthy food that children might eat.

You could try reducing the amount of soft drink your kids drink by:

- ✓ not having soft drink in your home
- ✓ modelling drinking water or drinking water together
- ✓ having cold water available to drink.



How much sugar you're drinking: tinyurl.com/ycy73nrv

